

Faith & Health Partnership Program



In keeping with the mission of Palomar Pomerado Health, to “heal, comfort, and promote health in the communities we serve,” the Faith and Health Partnership Program was created. The program is designed to enhance the ability of faith communities to promote health – body, mind and spirit – to individuals, families, groups and the community. All faiths are encouraged to participate.

HOW DOES THE PROGRAM WORK?

The first step is to identify individuals interested in health and wellness to form a health ministry/health care team. This often includes people already involved in the caring activities for the congregation such as meals and visits for the sick. It is recommended that a registered nurse be included in the team as well as lay people interested in wellness. An individualized program is developed based on the needs of the faith community and the interests of the health ministry/care team. It often begins with one new activity, starting small to ensure success.

PALOMAR POMERADO HEALTH’S COMMITMENT

- As a healthcare leader, provide assistance in organizing health care teams/ministries.
- Provide training and ongoing education for clergy, rabbi, faith community nurses, health care/ministry teams, and congregations.
- Provide referral information, resources and health education materials.
- Assist with coordination of flu clinics, health education, and screening programs as requested.
- Makes available Vials of Life, which are magnetic packets that contain medical information for emergency medical personnel at times of crisis.

FAITH COMMUNITY’S COMMITMENT

- Establish a health care/ministry team interested in serving and meeting needs.
- Identify a coordinator and/or a faith community nurse to act as a liaison between the faith community and Palomar Pomerado Health.
- Complete brief quarterly report of health and wellness activities.
- Participate in training and sharing of ideas.

For more information about the Faith and Health Partnership, please contact:

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Faith & Health Partnership Program Community Outreach

Kay Stuckhardt, Project Coordinator

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Program Goal

- Promote health & wellness of body, mind, and spirit for the communities we serve through collaborative partnerships with faith communities

Consistent with PPH's mission to "heal, comfort and promote health."



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Why Faith Partners

- Opportunity to connect with people > 50% of disease is preventable & attributable to lifestyle
- Faith partners currently offer an established connection with > 54,000 people
- Increased impact through collaboration
- Key component of Community Benefit

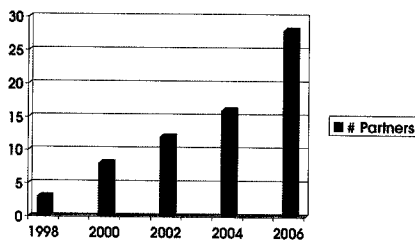
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Program Reach - 28 Partners

- Intensive outreach increased number of partners by 75% in last seventeen months
- Congregations represent more than 54,000 people
- All faiths invited; First Synagogue joined in 2006
- Faith Partners in nearly all communities in PPH service area

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Growth of Program



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Faith Partners - Poway, PQ, SD

- Good Samaritan Episcopal
- Living Way
- Lutheran Church of the Incarnation
- Ner Tamid Synagogue
- RB Community Presbyterian
- San Rafael Catholic
- St. Bartholomew's Episcopal
- St. Michael's Catholic
- Penasquitos Lutheran
- St. Timothy's Episcopal
- RB Baptist

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Faith Partners - Escondido

- Catholic Church of the Resurrection
- Community Lutheran
- First United Methodist
- Gateway Community
- Hidden Valley Christian
- First Congregational
- Escondido Christian Center
- Calvary Chapel
- Trinity Episcopal
- Westminster Presbyterian

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Faith Partners - Ramona, Julian, & Borrego

- Immaculate Heart of Mary - Ramona
- Community Lutheran - Ramona
- St. Mary's In-the-Valley - Ramona
- Community United Methodist - Julian
- Community United Methodist - Borrego Springs

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Faith Partners - San Marcos

- Grace Episcopal - San Marcos
- United Church of Lake San Marcos

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Faith Partners – Pauma, Pala, & VC

- Recruitment in process

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Role of PPH

Recruit partners of all faiths & provide:

- Leadership, training, education, and technical assistance
- Referral resources from PPH and community agencies
- Prevention services i.e., flu vaccine clinics
- Health education classes on-site
- Newsletters

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Role of Faith Partners

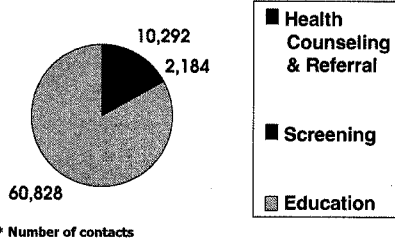
Organize staff and volunteer health teams to plan and implement:

1. Personal health counseling & referral
2. Community health screenings
3. Health education

Support PPH initiatives i.e., "Heart Walk"

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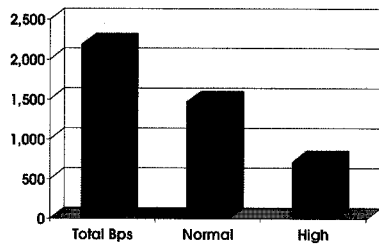
Faith & Health Partnership 2005 - 2006 Outcomes*



* Number of contacts

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Blood Pressure Results



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Program Priorities

Based on:

- PPH "Community Health Check"
- Healthy People 2010 Objectives
- Surveys of Congregations
- Strategies that are evidence-based

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**Obesity Prevention, Diabetes
Heart Disease & Cancer**

- Healthy cooking / nutrition classes
- Walking clubs & exercise classes
- Monthly blood pressure checks by faith community nurses
- CPR and AED classes
- Blood drives
- PPH & community cancer support groups

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Mental Health

- Home visiting
- Referral to PPH Behavioral Health and PPH support groups
- Support groups on-site and referrals
- Classes i.e., NAMI "Family to Family"

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Access to Care

- Education and referral regarding health insurance
- Education and referral to PPH service lines
- Referral to community clinics and other community resources
- Classes on Medicare Part D

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Senior Issues

- Conference on Elder Abuse for clergy
- Classes and workshops with faith partners
 - Advance directives
 - Vial of Life
 - Caregiver’s Workshop
 - End of life issues
 - Senior health topics

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“Connecting the Dots” – PPH Services

- Lifeline Program
- Rehab Services
- Behavioral Health
- Diabetes Health
- Chaplains’ Program
- Palliative Care
- PPH nurses – PEP points
- Health Care Advisory Councils
- “Welcome Home Baby” Program
- Pharmacy Residents

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Plan for 2006-2007

- Increase number of Faith Partners
- Continue focus on priority health needs
- Continue education and referral to PPH Service Lines
- Increase dialogue with faith community about PPH expansion
- Continue collaboration with Chaplains’ Program

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